



Essence Hotel

boutique & spa

by Don Paquito

Carta / Menu

Platos / Dishes

PERRITO CALIENTE Con patatas fritas | 9,50€
Hotdog with chips

BROCHETA DE SOLOMILLO Con pimiento y cebolla | 11,50€
[Acompañado de patatas fritas]
Iberian sirloin skewer with pepper and onion with chips

BROCHETA DE POLLO Con pimiento y cebolla | 10,50€
[Acompañado de patatas fritas]
Chicken skewer with pepper and onion with chips

HAMBURGUESA DE ANGUS 100% completa Con patatas fritas | 15,00€
[Pan brioche, mojo y mayonesa, carne hamburguesa Angus, queso cheddar, guanciale, tapenade de tomate, cebolla caramelizada, rúcula]
100% Complete Angus burger with chips [Hamburger bun, sauce, cheddar cheese, guanciale, tomato tapenade, caramelized onion, rucula]

HAMBURGUESA DE WAGYU completa Con patatas fritas | 17,50€
[Pan brioche, mojo y mayonesa, carne hamburguesa Wague, queso cheddar, guanciale, tapenade de tomate, cebolla caramelizada, rúcula]
Wagyu burger complete with chips [Hamburger bun, sauce, cheddar cheese, guanciale, tomato tapenade, caramelized onion, rucula]

POLLO DE GRANO MACERADO En limón e hierbas nobles | 14,00€
Chicken grain marinated in lemon and herbs

PLATO DEL DÍA DEL CHEF | Consulta al camarero
Chef's dish of the day

Menú de sushi

Sushi Menu

FILADELFIA

| 14,00€

[Arroz, nori, aguacate, queso crema, salmón, pepino]

Philadelphia [Rice, nori, avocado, cream cheese, salmon, cucumber]

CALIFORNIA

| 14,00€

[Arroz, nori, atún, queso crema, pepino, tobiko rojo]

California tuna [Rice cooked, tuna, cream cheese, nori, cucumber, red tobiko]

ATÚN QUEMADO

| 15,00€

[Arroz, nori, gambas, aguacate, queso crema, salsa unagi, tobiko rojo, atún]

Seared Tuna [Rice, nori, shrimp, avocado, cream cheese, unagi sauce, red tobiko, tuna]

FURAI

| 15,00€

[Arroz, nori, salmón/gambas/atún, aguacate, tobiko rojo, unagi, salsa]

Furai Hot [Rice, nori, avocado, red tobiko, unagi sauce, salmon/tuna/shrimp]

DRAGON ROJO

| 15,00€

[Arroz, nori, salmón, gambón al panko, pepino, salsa picante de mango]

Red Dragon [Rice cooked, tuna, nori, cucumber, spicy mango sauce]

BALTIMOR

| 15,00€

[Arroz, nori, tobiko, salsa boca de mar, pepino, aguacate]

Baltimore [Rice, nori, tobiko, seaweed sauce, cucumber, avocado]



Menü de sushi

Sushi Menu

SALAD WAKAME | 12,00€

[wakame, salsa sésamo, sésamo]

Wakame salad [Wakame, sesame sauce, sesame]

POKE BOWL | 13,00€

[Arroz, aguacate, pepino, mango, wakame, edamame, gambón/pollo]

Poke Ball [Shrimp/chicken, rice, avocado, cucumber, mango, wakame, edamame]

SUSHI BURGER | 16,00€

[arroz, nori, queso crema, salmón, pollo, cebollino, aguacate, salsa unagi, -tobiko, salsa mayonesa, kimchi]

Sushi Burger [Rice cooked, salmon, avocado, nori, cream cheese, salmon, spring onion, unagi sauce, tobiko, chicken, kimchi mayo sauce]



Tapas

TARTAR DE AGUACATE CON GAMBAS Tartar of avocados and shrimps	5,00€
TORTILLA DE PATATA TRADICIONAL Traditional spanish omelette	3,50€
TAPA DE JAMÓN SERRANO Tapa with ham serrano	6,50€
ENSALADILLA RUSA Russien salad	4,00€
QUESO TRES TIPOS Cheese in three styles	5,00€
PATATAS CON SALSA BRAVA Potatoes with brave souce	3,00€



Ensaladas / Salads

ENSALADA CESAR

| 11,00€

[Trocitos de pollo o gambas, pan tostado, salsa cesar, lechuga variada]

Cesar Salad [Pieces of chicken or prawns, toasted bread, caesar sauce, varied lettuce]

ENSALADA QUESO DE CABRA

| 11,00€

[Fruta variada, cebolla caramelizada, queso de cabra, lechuga]

Goat cheese salad [Variety of fruits, caramelized onion, goatcheese, salad]

ENSALADA ESSENCE

| 13,00€

[Tomate cherry, cebolla roja, salmón, champiñon fresco, huevo de codorniz, lechuga]

Essence Salad [Cherry tomato, red onion, salmon, fresh mushroom, quail egg, lettuce]

ENSALADA CAPRESE

| 9,00€

[Tomate, queso de mozzarella, pesto casero, crema balsámica de modena]

Caprese Salad [Tomato, buffalo cheese, pesto, balsamic cream modena vinager]



Postres / Desserts

FRUTAS DEL BOSQUE | 5,80€

Fruits of the forest

LIMONCHELLO | 5,80€

Limonchello

MANDARINA/LIMÓN | 5,00€

Mandarin/Lemon

PROFITEROL BASE DE HELADO | 5,50€

Profiterol ice cream base

TIRAMISU BASE DE HELADO | 5,50€

Tiramisu ice-cream base

